

VACATION CARE PROGRAM
ASPIRE NOWRA

SEPTEMBER / OCTOBER 2025





VACATION CARE PROGRAM ASPIRE Nowra

SERVICE MANAGER: Jo Hart **PHONE:** 0448141753

EMAIL: nowraps@aspire-oshc.com.au

Monday 29/9/2025

Tuesday 30/9/2025

Wednesday
01/10/2025

Thursday 02/10/2025

Friday 03/10/2025

No Limits Sports

Internal Excursion



Join us as Josh from No
Limits Sports take us
through some traditional
indigenous sports games
played thousand's of years

ago

• Location: Aspire Nowra

- Vacancies: 40
- Activity start: 10:30am
- Activity end: 2:30pm

\$95

Maritime Museum

Excursion



Visit the Jervis Bay
Maritime Museum, and
explore the artifacts and
treasure hunt, followed by
a mangrove board walk.

- Location: Jervis Bay
 Maritime Museum
- Vacancies: 35
- Leaving centre: 10am
- Return to centre: 2:30pm

\$105

Wheels Day

Centre Day



Bring your helmet and your wheels for an amazing day riding around the school.

- Location: Aspire Nowra
- Vacancies: 40
- Activity start: 10:30am
- Activity end: 2:30pm

\$85

Play -0 - Rama

Excursion



KIDS CENTRAL

Enjoy playing on a multilevel climbing structure, ball pits, and giant slides that will see the children laughing and playing for hours.

- Location: Play o Rama
- Vacancies: 35
- Leaving centre: 10:30am
- Return to centre: !2::30PM

\$105

Magic Daniel Internal Excursion



Magic Daniel has entertained thousands of children and families at hundreds of special events over the last 15 years. Daniel began in Sydney while completing a performing arts degree and now predominantly works in regional NSW.

- Location: Aspire Nowra
- Vacancies:40
- Activity start: 10:30am
- Activity end: 12pm

\$95



VACATION CARE PROGRAM NOWPa

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Monday 06/10/2025

Tuesday 07/10/2025

Wednesday
08/10/2025

Thursday 09/10/2025

Friday 10/10/2025

Public Holiday Centre Closed



Public Holiday

- Location: Nowra
- Vacancies: N/A
- Activity start: N/A
- Activity end: N/A

Nowra Fire Station

Excursion



Join us as we visit our local fire brigade,. We learn about fire safety in the home.

- Location: Nowra Fire
 Station Sth Nowra
- Vacancies: 35
- Leaving centre: 10 am
- Return to centre: 12:30PM

\$105

The Alphabet of Awesome Science



We join professors Lexi Con and Noel Edge (the Word Nerd and the Science Freak) for a thrilling 52-minute voyage through the alphabet – where great big chewy sesquipedalian words inspire mind-blowing scientific surprises.

- Location: Shoalhaven
 Entertainmënt Centre
- Vacancies: 40
- Activity start: 12pm
- Activity end: 3pm

\$105

Daggy Disco day Centre Day



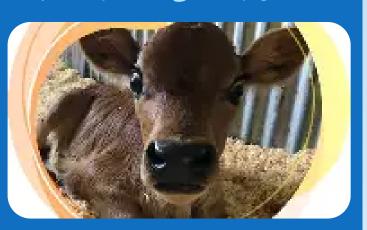
Dress up in your daggiest disco clotthing and dance the day away!

Prizes for the daggiest outfit!!

- Location: Nowra Aspire
- Vacancies: 40
- Activity Start:: 10:30am
- Activity End: 2pm

\$85

Matildas Nursery Visit Internal Excursion



Matilda's nursery brings all the cute animals to see us at Aspire, it's cuddle time.

- Location: Aspire Nowra
- Vacancies: 40
- Activity start: 10:30am
- Activity end: 12:30pm

\$95





VACATION CARE PROGRAM NOWTa

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Monday 13/10/2025 Tuesday

Wednesday 15/10/2025 Thursday 16/10/2025

Friday 17/10/2025

Sports Day
Centre Day



Join us for a sporty day full of fun and cheers.

- Location: Nowra
- Vacancies: 40
- Activity start: 10am
- Activity end: 2pm

ts Day

Back to schoool



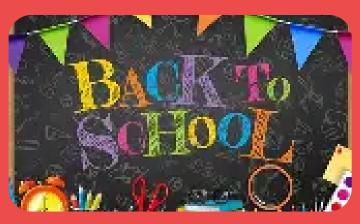
Back to School

Back to School



Back to School

Back to School



Back to School

BACK TO SCHOOL



Back to School

\$85

\$

\$

\$





IMPORTANT DAILY INFORMATION

WHAT TO BRING EACH DAY



Hat











Morning Tea & Lunch

Water Bottle

Backpack

Enclosed Shoes

Sun Safe Clothing

WHAT WE PROVIDE EACH DAY







Breakfast

Afternoon Tea

Late Snack

DAILY STAFFING RATIOS

All ratios adhere to National Laws & Regulations. Daily ratios will be based off the activity and can range anywhere from 1:5 - 1:15.

VACATION CARE IMPORTANT FAMILY INFORMATION



Join our fun filled ASPIRE OSHC Vacation Care program. To make a booking for Vacation Care please 'make a booking' through the <u>OWNA parent portal</u>.



NO HAT NO PLAY

As a sun safe measure ASPIRE OSHC requires all children and staff to wear a Cancer Council approved hat during high UV periods. In addition, and as required by the Cancer Council and WHS legislation we monitor the UV Index daily to ensure we take all reasonable precautions to protect children and staff from over exposure to the sun.



ALLERGY AWARENESS

On enrolment, you are required to advise staff if your child has an allergy and identify the allergy on the enrolment form. To ensure we are able to take best care of your child we ask that you also provide information as to the triggers and symptoms of your child's allergy. All efforts will be made by staff to avoid such triggers. All ASPIRE OSHC services are "Nut Free" environments. Children are not allowed to bring nuts of any type into our services. The sharing of food is also not allowed.



ARRIVALS AND DEPARTURES

You are required to sign your children in and out of the service each day recording arrival and departure time. For safety purposes, it is important that staff are informed of your child's arrival and departure daily.



APPROPRIATE CLOTHING

As a sun safe measure ASPIRE OSHC requires all children and staff to wear a Cancer Council approved hat during high UV periods. In addition, and as required by the Cancer Council and WHS legislation we monitor the UV Index daily to ensure we take all reasonable precautions to protect children and staff from over exposure to the sun.



ANAPHYLAXIS

If your child has a diagnosed allergy, before your child can attend the service you must provide a completed coloured allergy action plan including a coloured photo and labelled medication. All medication should be handed directly to staff on arrival. All medications must be on the premises at all times when your child is present. The action plans are to be updated as required (at least yearly) and staff notified of any changes to the action plan (refer to the anaphylaxis policy and procedure).



MEDICATION

Before we can administer a prescribed medication to your child, we require you to complete a medication authority form. All sections of the medication form need to be completed. Medication can only be administered if the medication is in its original packaging and labelled with the child's name, a current date and the name of the medication and dosage required. (refer to medication policy) Children returning from an illness will require a Doctor's clearance certificate stating they are no longer infectious and are fit to attend care.



SUNSCREEN

Sunscreen is available at the service, we ask that you apply the sunscreen to your child upon arrival. Staff will supervise re-application during the day. If your child is sensitive or has an allergy to the sunscreen we use, please supply an appropriate sunscreen for your child.



ASTHMA

current Asthma action /management plan, which needs to have been completed by your treating GP. In addition we require a long term medication form (refer to the asthma policy and procedure).



PERSONAL BELONGINGS

equipment from home for use during the vacation care program.

ASPIRE OSHC cannot take responsibility for lost or damaged items – this includes technology! Tech use can only take place in a designated space at a designated time. These rules will be explained to the children every day before the start of the daily program.