

SUMMER SWISH



WHAT IS SUMMER SWISH?

This fun, welcoming 10-week competition has been designed to make it easier for girls to play with their friends. It's easy for staff and exciting for students, whether they've played before or are brand new to basketball.

Why Girls Love It

- Play with friends and represent your school
- Beginner-friendly and welcoming
- Two-week free trial for new players
- Builds confidence, fitness, and friendships
- Local weeknight games with a great community vibe

Why Teachers/Clubs Love It

- SBA handles registration and fees
- Coaches are supplied (unless a parent or teacher would like to coach)
- Safe sporting environment where all coaches and referees have WWCC
- Players can get the bus to the stadium from most local schools
- Simple team nomination form is completed in minutes



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KEY DETAILS

When: Term 4, 2025

Day & Time: Tuesday 4-6pm ages 15-18, Wednesday 4-6pm ages 9-14

Where: Shoalhaven Indoor Sports Centre, Bomaderry

Who: Girls aged 9-18

Cost: Made up of two components, annual Registration & term fees.

Annual Registration:

- \$71 (8-11yo); OR
- \$96 (12-17yo); OR
- \$111 (18+yo)

Term Fees:

- **Returning Players:** \$146.50 + annual rego
- **New Players:** First two weeks are FREE for new players; fee for the remaining 8 weeks \$114 + annual rego.

COMPETITIONS:

- U19 Girls (Turning 15, 16, 17, 18yo, in 2026) | Plays on Tuesdays
- U13 Girls (Turning 10, 11, 12yo in 2026) | Plays on Wednesdays
- U15 Girls (Turning 13 or 14yo in 2026) | Plays on Wednesdays

UNIFORMS

Singlets: Teams may wear their school or club singlets (must have numbers), or purchase an SBA domestic reversible playing singlet (\$55).

Bottoms: Players may wear any shorts, tights, or pants they feel comfortable being active in. These should either match the singlet or be majority black, and must not have pockets, eyelets, zippers, or external drawstrings, as these can cause injury.

Shoes: Players must wear enclosed shoes that they are comfortable being active in.

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READY TO GET STARTED?

Use the social tile and blurb to share the information with families - Social tile and content here:

<https://shoalhavenbasketball.com.au/play-basketball/schools/>

Nominate your school team in less than 5 minutes > School Team Nomination Form:

<https://forms.gle/okUWSnwePA9Jd71i8>

Book a free one hour skill session at your school (we'll bring the coach and gear) > email us at

enquiries@shoalhavenbasketball.com.au

SCAN TO DOWNLOAD
SOCIAL TILE!



SCAN TO
NOMINATE
YOUR TEAM!

